



Where Every Child is a STAR!

**Term 1 : Aug 28th—Nov 4th
10 week Term**

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PRESCHOOL GYMNASTICS

Coed

You & Me 12-36 months

50 mins \$165.00

Tuesday 9:00am, 6:15pm

Wednesday 9:30am

Friday 9:00am, 10:00am

Saturday 9:00 am, 10:00am

Gymkids

Preschoolers age 3—5

60 mins \$188.00

Monday 3:30pm, 5:30pm

Tuesday 9:00am, 6:15pm

Wednesday 9:30am

Thursday 5:30pm

Friday 9:00am, 10:00 am

Saturday 9:00am,10:00am,11:00am

Preschool Gym & Learn Programs

Offered in conjunction with the Great Escape Preschool. Classes begin in September. Inquire at the front desk.

For ages 3-5

\$60/month non-Great Escape students

Kindergarten Readiness

Monday 11:15—12:45pm

Jump & Munch

Tuesday 11:15—12:45pm

Friday 11:15—12:45pm

Dine & Rhyme

Wednesday 11:15—12:45pm

STEAM

Thursday 11:15—12:45pm

GIRLS ARTISTIC GYMNASTICS

Girls Beginner

60 mins \$188.00

Monday 4:30pm

Monday 6:00pm

Tuesday 4:15 pm

Tuesday 5:15pm

Tuesday 6:30pm

Thursday 4:00pm

Friday 4:00pm

Friday 5:00pm

Friday 6:00pm

Saturday 10:00am

Saturday 11:00am

K—1st grade

2nd - 3rd grade

2nd - 3rd grade

K—1st grade

K—1st grade

K—1st grade

*K—1st grade**

*2nd - 3rd grade **

*4th grade & up**

K & up

K & up

Girls SuperKids

90 mins \$245.00

Monday 5:00pm

Monday 7:00pm

Wednesday 6:45pm

Thursday 4:15pm

Thursday 5:30pm

Saturday 9:30am

K—1st grade

2nd grade & up

2nd grade & up

K—1st grade

K—1st grade

1st grade & up

Girls Hot Shots, 90 mins

2x per week \$410.00

1x per week \$245.00

Monday 6:30pm

Tuesday 4:15 pm

Thursday 4:00 pm

Thursday 7:00pm

Saturday 9:30am

Saturday 11:00am

1st - 3rd grade

K—2nd grade

K—2nd grade

3rd grade & up

1st grade & up

1st grade & up

**denotes limited openings*

BOYS GYMNASTICS

SuperHeroes

ages 4— Kindergarten

60 mins \$188.00

Wednesday 5:30pm

Friday 6:00pm

Boys Beginner

1st grade & up

60 mins \$188.00

Monday 5:30pm

Friday 6:00pm*

Boys Superkids

90 mins \$245.00

Friday 4:30pm

FAMILY OPEN GYM

Tuesdays 10:00—11:30AM

\$6 per child members,

\$8 per child non-members

TUMBLING & TRAMPOLINE

All TNT classes are coed unless otherwise noted

Kinderbounce 4-Kindergarten

60 mins \$188.00

Tuesday 3:45pm

Tuesday 5:30pm

Thursday 4:30pm

Saturday 12:00pm

Beginner TnT

60 mins \$188.00

Monday 4:30 1st – 3rd grade

Tuesday 4:30pm 1st – 3rd grade

Thursday 6:30pm 1st – 3rd grade

Friday 4:00pm 1st – 3rd grade*

Friday 5:00pm 4th grade & up*

Advanced Beginner TnT

75 mins \$214.00

Monday 4:00pm 1st – 3rd grade

Tuesday 4:45 pm 1st – 3rd grade

Thursday 6:45pm 3rd grade & up

Novice 1 TnT

90 mins \$245.00

Thursday 5:00pm

Novice 2 invitation only

90 mins \$245.00

Tuesday 7:15pm

Power Tumbling

60 mins \$188.00

Monday 3:30pm 1st – 3rd grade

Saturday 10:00am 1st – 3rd grade

Saturday 11:00am 4th grade & up

RHYTHMIC GYMNASTICS

Junior Jumpers 4-5 year olds,

60 mins \$188.00

Thursday 5:00pm

Saturday 12:00pm

Intro beginner, ages 6+

60 mins \$188.00

Monday 5:00pm

Saturday 9:00am

Basic intermediate, ages 8+

90 mins \$245.00

Monday 7:00pm

Saturday 10:00am

Progressive advanced

90 mins \$245.00

Saturday 11:30am

SUPERVISED OPEN GYM

1st grade & up

Fridays 7:15-9:15pm

\$10 members

\$12 non-members

*denotes limited openings

High Hopes invitation only

ages 5-8, 90 mins \$245.00

Thursday 3:30pm

Training Team invitation only**

1 day/ wk \$320.00

2 days/ wk \$500.00

Tuesday 7:00-9:00pm

Wednesday 7:00-9:00pm

Exceed invitation only**

1 day/ wk \$320.00

2 days/ wk \$500.00

Wednesday 7:00-9:00pm

Saturday 1:00-3:00pm

Rhythmic for All—Special Olympics

60 mins \$165.00

Level 1: Monday 4:00pm

Level 2: Monday 6:00pm

Unified (invite only): Sat. 3:00pm

** 2 days per week strongly recommended

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